

4-H Youth Development in Westmoreland County - 2024

710 youth enrolled



24 volunteers enrolled

4-H School Enrichment Programs – 678 youth

- Botvin Life Skills for CBES grades 6 & 7
- Nutrition Education for CBES grades K-5
- Watershed Education for MMS grade 6
- Financial Literacy for MMS grade 8
- Life Skills for WHS Special Ed



4-H Jr Camp - 31 Westmoreland youth

- VCE provided scholarships for 13 campers
- 100% had fun and felt safe
- 92% made new friends and learned something new
- Fav Classes: archery, making box braids, kayaking, paddle boarding, singing, fishing and animal identification

Social, Emotional Wellness through 4-H

- 5 Westmoreland/Colonial Beach teachers trained to use 4-H Social Emotional Learning curriculum in schools at Rappahannock Education Consortium
- Camp parents shared that camp experience contributed to their camper's self-confidence and self-awareness in these ways: experience away from comfort of home and regular routine; found a new sense of independence; willing to try more; being paired and on teams with others; choosing to be positive and make the experience good.

4-H Teen Leadership Opportunities

- 11 teens were trained and served as Teen Leaders for Jr Camp
- 1 teen attended 4-H Congress
- 1 teen applied to be a STEM Ambassador

4-H Water Wizards Day Camp – grant funded – 10 youth

- 80% can define watershed
- 100% can describe what water quality means
- 100% understand that human activity affects water quality



\$18,429 raised in competitive grants, in-kind donations & community donations to support local programs